**Complete the sentences with the adjectives with -ing or -ed**

You look really \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Why don’t you go to bed? (tired/tiring)

Can I call you? I’ve got some very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ news for you! (excited/exciting)

My neighbour is always playing loud music. It’s very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (annoyed/annoying)

The directions were \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and we got lost (confused/confusing)

I was really \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that I won the competition (surprised/surprising)

She didn’t call about the car. I don’t think she’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (interested/interesting) in buying it

My cats get really \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when there’s a thunderstorm (frightened/frightening)

His exam results were really \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (disappointed/disappointing)

She’s a big dog but you don’t need to be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (frightened/frightening)

The instructions for my new coffee machine are really \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (confused/confusing)

I loved my maths teacher! Lessons with her were never \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (bored/boring)

That shop never has any customers. I’m \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ it’s still there (surprised/surprising)

The battery on my phone only lasts about two hours. It’s really \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (annoyed/annoying)

I was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that I didn’t get the job (disappointed/disappointing)

I’m reading a really \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ book (interested/interesting)

The children were so \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ they couldn’t sleep (excited/exciting)

I'm not very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_in sports. (interested/interesting)

I will be very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_if she does well in her test. (surprised/surprising)

My new job is extremely \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (tired/tiring)

The film is very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (excited/exciting)

I am \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of spiders. (frightened/frightening)

I don't find sports at all \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (interested/interesting)

I'm getting \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with this book. Nothing ever happens. (bored/boring)

I come home extremely \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at the end of each day. (tired/tiring)

Our new science teacher is very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. We sit there like mice! (frightened/frightening)

I'm \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I have no idea what to do. (confused/confusing)

These instructions are extremely \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Can you help me? (confused/confusing)

It was not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_she failed her tests. She never studied. (surprised/surprising)

This wet weather is so \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (depressed/depressing)

I am \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ about the tennis tournament tomorrow. (excited/exciting)

It was very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ not to be selected for the basketball team. (disappointed/disappointing)

He's such a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ person. He never wants to go out. (bored/boring)

Did you hear the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ news about the accident? (shocked/shocking)

I'm \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that he could do something so stupid and dangerous. (shocked/shocking)

I didn't find his joke very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (amused/amusing)

I am \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with my grade in the grammar test. (disappointed/disappointing)

The news was quite \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (puzzled/puzzling)

I was not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to be kept waiting so long. (amused/amusing)

I am \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ about my test grades. They are all quite bad. (depressed/depressing)

His behaviour has been very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in recent weeks (puzzled/puzzling)

**Complete the sentences with the adjectives with ing or ed**

My little sister was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by the toy. (amused/amusing)

This meeting is so \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (bored/boring)

The book was so \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that I couldn't stop reading it. (interested/interesting)

When we got to the top of the mountain, we were \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by the view. (fascinated/fascinating)

I find it really \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when I can't remember peoples' names. (confused/confusing)

The day was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (exhausted/exhausting)

Peter was a bit \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when he fell over in the street. (embarrassed/embarrassing)

They were \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to hear the good news. (pleased/pleasing)

The route was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, so I couldn't find the exit. (confused/confusing)

His exam results were \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (disappointed/disappointing)

We were \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ about our trip to Australia. (excited/exciting)

A lot of people feel \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when they lose their job. (depressed/depressing)

I can't eat this soup. It smells \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (disgusted/disgusting)

When Davis saw them yesterday, they looked \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (relaxed/relaxing)

Emma's appearance at my wedding was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (surprised/surprising)

**Choose the correct adjective:**  
1. My nephew was (amusing / amused) by the clown.  
2. It’s so (frustrating / frustrated)! No matter how much I study I can’t seem to  
remember this vocabulary.  
3. This lesson is so (boring / bored)!  
4. I’m feeling (depressed / depressing), so I’m going to go home, eat some  
chocolate, and go to bed early with a good book.  
5. I thought her new idea was absolutely (fascinated / fascinating).  
6. This maths problem is so (confusing / confused). Can you help me?  
7. The teacher was really (amusing / amused) so the lesson passed quickly.  
8. The journey was (exhausting / exhausted)! Twelve hours by bus.  
9. The plane began to move in a rather (alarming / alarmed) way.  
10. He was (frightening / frightened) when he saw the spider.  
11. I was really (embarrassing / embarrassed) when I fell over in the street.  
12. That film was so (depressing / depressed)! There was no happy ending for any  
of the characters.  
13. I’m sorry, I can’t come tonight. I’m completely (exhausting / exhausted).  
14. We are going in a helicopter? How (exciting / excited)!  
15. Don’t show my baby photos to people, Mum! It’s so (embarrassing /  
embarrassed)!  
16. It’s okay, it’s only me. Don’t be (alarming / alarmed).  
17. My sister is so (exciting / excited) because she is going on holiday tomorrow.  
18. I hate long flights, I’m always really (boring / bored).  
19. She looked very (confusing / confused) when I told her we had to change the  
plan.  
20. John was (fascinated / fascinating) by Mandarin when he first started learning  
languages. He decided to study more and now he can speak it fluently.

**Complete the sentences with adjectives ending in –ed or –ing.**

Halloween was probably the most \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ film I have ever seen  
(frightened / frightening ).  
I always get so \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when my dad starts speaking English (embarrassed  
/ embarrassing).  
I am \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to see how well he gets along with his stepfather. (surprised  
/surprising)  
The lesson was so \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that I fell asleep (bored / boring).  
You've been walking for 5 hours. you must feel \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (exhausted /  
exhausting).  
I was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when I saw him in that outfit for the first time. (frightened  
/frightening)  
I didn't like the film. the plot was rather simple and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ . (uninterested  
/ uninteresting)  
It's \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to see how many people didn't care to vote in the last election .  
(surprised / surprising)  
You look a bit \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ . don't you know what you're supposed to do ?  
(confused / confusing)  
I saw that my boss was very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with how I behaved . (annoyed /  
annoying)  
They were all very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by the performance of the actors. (impressed /  
impressing)  
The school trip was really \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ . I learned a lot of things I hadn't known  
before . (excited / exciting)  
It was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to have met such a great movie star. (thrilled / thrilling)  
We were \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when we found out that his sister was on the plane that  
went missing. (worried / worrying)

**Use the right adjective –ed or –ing. Choose the best option to complete each sentence**

My most \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ experience as a teenager was travelling to London on my own

I remember I was so \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that I couldn’t sleep the night before my flight (excite)

I was really \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when I got to the airport and found out that Julie, the girl I liked most from high school, was travelling with me (surprise)

I felt rather \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when she asked to sit next to me. Did she feel the same way as I did? (confuse)

She told me she was a little bit \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ about the flight (worry)

I advised her to listen to some \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ music. Soon we both felt more \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (relax)

I learnt lots of English and found out that Julie was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in me! My stay in London was extremely \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (interest)

**Complete with the adjective in –ed or -ing**

Peter was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when he missed the start of the film (annoy)

Have you read the book ‘Life of Pi’? It’s a great book, especially if you are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in that genre (interest)

The results of the game were \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. The best team didn’t win. (surprise)

I just can’t speak to Tom for more than five minutes. He’s the most \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ person I know. (bore)

The children were so \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when w etold them we were going to Disneyland (excite)

Trying to understand English grammar can be so \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (frustrate)

John was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when he went parachute jumping for the first time. (terrify)

When there are the sales Sarah is not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in anything except shopping (interest)